



# SIGNING ON SHEET FOR PRACTICE SESSIONS AT BIKE TRIAL ACADEMY UK

By signing this, you agree that you understand and will abide by the terms and conditions required by CTC for the safe participation in this activity and to act responsible and adhere to the rules of Bike Trial Academy UK. I hereby maintain that I am fit and healthy enough to participate in bike trials and my cycle is safe, legal and roadworthy. I will wear a helmet at all times. I also accept that CTC and Bike Trial Academy cannot be held responsible for any personal injury, accident, loss, damage or public liability during the session.

**BIKE HIRE**, I agree that I have checked the hire bike is safe, maintained and fit for use. I will report any mechanical issues and breakages as soon as they arise. . I understand that components such as brakes, tyres and control cables will deteriorate whilst riding and accept this inherent danger. I will ride the bike within my skill limit. I will test the bike in the presence of the hirer, and will ride only when I am happy that it is in good condition. . I understand that riding a bicycle is dangerous and I freely accept the liability and all costs arising from injury to myself and third parties.

**Acknowledgement of the risks of the sport:** I understand that by taking part in these events I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the organiser, the promoter, the organising club, the venue owner, or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury will always be my voluntary decision to take part in a high risk activity.

BIKE TRIALS CAN BE DANGEROUS AND INVOLVE INJURY AND DEATH

Parents/Guardians please read, **CTC Policy on Young People's Participation in Cycling Activities**

## I AGREE TO FOLLOW THE LATEST GOVERNMENT GUIDELINES ON SOCIAL DISTANCING

SESSION DATE .....

PRINT NAME	SIGNATURE	Parent/Guardian Signature if rider under 18	Hiring a bike Tick	Emergency contact details